Telford T50 50 Mile Trail Relay Challenge Rules - Spring 2021

The challenge is to be completed on any one day in April to June 2021 in a clockwise direction. The entry fee is £20 per team.

When you enter you will be given access to a spreadsheet detailing the legs.

1. Runners must be at least 16 years old or be accompanied by an adult. All participants take part at their own risk.
2. It is advised that runners run in **socially distanced** (unless the same household) pairs, for safety reasons.
3. Participants must run the course as marked. Follow the magenta waymark signs and go in the direction of the arrows shown on the pink discs. If you get lost, go back to the last waymark sign and check you have followed the directional arrow.
4. The Telford T50 50 Mile Trail Challenge is split into 20 legs. Maps and gpx files of each leg will be provided. Runners may run more than one stage, either consecutively or otherwise.
5. There are 2 classes open and mixed. To be a valid mixed team the team must have at least 3 females and at least 3 runners over 50 years old (so a minimum of 6 runners) . An open team must comprise at least 4 runners. The maximum is 20 runners.
6. All legs must be run consecutively on the same day during the Challenge period in daylight hours.
7. Each leg of the Challenge must be timed by the participants using a device such as Strava or Garmin and times submitted to your Team Challenge Organiser. The Team Challenge Organiser must then submit the final time to the Telford T50 50 Mile Trail Challenge Organisers. The individual times should be available in case of queries.
8. T50 50 Mile Trail Challenge Organisers will declare the Results at the end of the Challenge Period. Failure to submit a full set of leg times, or falsified entries will mean removal from the Leader board at the discretion of the T50 50 Mile Trail Challenge Organisers.
9. Telford T50 50 Mile Trail Challenge retains the right to refuse entry to anyone declaring false information on the entry form, not making the required payment, or otherwise failing to meet the stated entry requirements.
10. By taking part, all participants confirm that they are happy for their names and any footage or photographs taken during their participation in the Challenge, and shared with the organisers, to be used to publicise the Telford T50 50 Mile Trail Challenge.
11. Telford T50 50 Mile Trail Challenge reserves the right, in its sole discretion, to modify, supplement or waive all of the Official Rules. The decision of the Telford T50 50 Mile Trail Challenge Organisers is final.
12. Participants shall be bound by any modification or supplement of the Official Rules published prior to the Challenge. Failure to follow the Telford T50 50 Mile Trail Challenge Rules, as may be amended, will result in disqualification.
13. **In Spring 2021 handover is by the incoming runner arriving within 2 metres of the outgoing runner.**